

DEGREES TRUST

180

NEWSLETTER

Canterbury, New Zealand

November 2023 - Issue 19



**In this issue: 2024 and beyond
180 Current Programmes
Te Ara Pounamu Hikoi**

'The high country is our classroom'

180 Degrees is geared for 2024

180 Base Camp

As we enter 2024, 180 Degrees is uniquely positioned to provide focused inspiration through education, personal leadership and instilling a will to succeed. Canterbury has a vast range of facilities ranging from high country challenges, marine exploits and visionary education.

180 has 15 years' experience in successfully motivating young people to realise their potential and move from a life of crime to a life being a successful contributor to society.

Through our 180 Base Camp programme 180 will provide unique education, personal leadership training and instil a desire in young people to either return to school or enter a job training programme.

Education is paramount. Young people want to learn. The more they learn the more they want to learn. They are energised by and respect good staff.

180's Base Camp will take small groups on two week or longer camps into the back country. This will give young people the chance to take care for themselves, learn personal hygiene and to work as a team. On their return to the city they will either continue in a 180 School setting or be mentored into a job training or employment.



"If I had \$200 a week, I wouldn't steal cars."

"I do the raids because I don't have any other way to get anything."

"No one will employ a 14-year-old like me."

"I'm bored, I don't want to go to school and have nothing to do."

"I've probably stolen 200 cars."

"They can't send a 12 year old to jail even though I stole 8 cars last week"

Vulnerable Youth

In 2023 vulnerable youth are at a heightened risk of offending. This is due to the unique combination of earthquake related trauma, social media exposure, Covid-related anxiety, and peer pressure. CHCH has seen a rise in youth crime over the last two years reflecting these factors.

Much of this is criminal behaviour is carried out by youth under the age of 14 and manifests as stealing motor vehicles, ram raiding and engaging in high-speed pursuits.

This puts the youth, police officers and the public in danger of being hurt, killed or disabled. These youth are disengaged from education and employment. They have nothing to do, nowhere to go, and no aspirations.

They are at risk of learned helplessness and loss of motivation to engage with society. They have no skills, no competencies, no positive connections with adults. They are at risk of gang affiliation as they have no other route to money, mana, and familiar connections.

These youth often have multiple professionals working alongside them, attempting to alleviate their criminal behaviour and provide them with some positive experiences in their life. These youth are suffering from multigenerational trauma. They have poor health outcomes. They have no ability to see a positive future. They have no resilience to pull on. They are left behind by their prosocial peers. There is limited available interventions, due to distrust in professionals, neurodiversity and learning difficulties. We want the resources to turn this around. We will work exclusively with these youth for as long as it takes at 180 Base Camp.

Upper Hurunui Valley

Mt Longfellow in the cloud

180 Degrees Services

Education is paramount. We utilise the natural environment, for youth to achieve their potential.

Mentoring Support for Young People

- 180's speciality is supporting at risk often neurodiverse rangatahi, encouraging them to stop offending, to be accountable for their actions and plan their futures.
- We prepare them for their next step with us which is camps and expeditions.
- Young people (YP) referred have simply lost their way, do not attend school regularly and require inspiration

Tuhura 10 Empowerment Programme

- This is for clients in the Year 7 to Year 10 age range who struggle with school or have challenging family lives
- Referred by schools, Ministry of Education or police
- This 10 week programme for YP and uses high country camps and intense group dynamics.
- The Circle of Mana consists of Belonging, Mastery, Generosity and Independence.

Camps, Expeditions and the Southern Alps Traverse (SAT)

- These can be for YP between 11 and 18 years old some of whom have never been into the high country.
- Expeditions are designed around each group depending on their physical and mental capacities and experience.
- 180's mantra is "the high country is our classroom".
- Our 243km Southern Alps Traverse is a major event in our calendar and is now run several times annually.

ENGAGE Education Programme

This programme builds confidence, resilience and self-belief to motivate young people to either go to school or return to school. Through understanding their stories, lives and history, staff build meaningful motivational relationships.

Referrals

With courses designed for a wide range of students referrals come from families, schools, NGOs, Police, Oranga Tamariki, Youth Court, MoE and others.

Based from the Lake Taylor Station shearers' quarters the 180 team embarks on tramps to various locations including the Gabriels Hut near Lake Sumner, up the Gabriels and down the Jollybrook or simply camping out.



Jonny Waters with a Tuhura10 team



Tuhura 10 adventure- Up the Jollybrook

Te Ara Pounamu Hikoi, September 2023 Ngati Waiwai Marae, Hokitika to New Brighton

Each year Adventure180 takes young people on exciting adventures in the Canterbury region. This year we celebrated a new Adventure retracing the Pounamu trails from the West Coast to the East Coast.





Climbing at Camp Saddle, Craigieburn Ranges

A 180 Base Camp School

Will be one designed around adventure. It will be designed around fitness. It will specialise in youth that are 12-14. They are on the brink of puberty. They are failing. They are traumatised. They are alone. They are at risk of poor social choices, poor peer choices, poor mental health.



Chair Humphry Rolleston,
& 180 Degrees staff, December 2022





Heading out



Staff skiing day, Sept. 2023



\$11,000 of climbing gear funded by the Sunrise Rotary Club

Salutations

For each Newsletter ongoing, we have decided to celebrate someone who has brought outstanding service to 180 Degrees. It is with pleasure that we salute Simon Nutt our inaugural Chair when we became a registered Charitable Trust in 2008.



Simon Nutt - Founding Chair

When the 180 Degrees Trust had its first meeting 15 years ago in 2008 Simon Nutt was elected Chair. He brought a warm and enthusiastic energy in those initial years enabling 180 to stretch out into the areas where it now has proven expertise. Interaction with his business colleagues together with his political acumen brought another valuable dimension to 180's work.

Simon has a great way with young people and from the outset used his substantial enthusiasm to support them whenever an opportunity presented itself.

The Trustees thank you Simon for your company, your generosity and your unwavering support over the last fifteen years

Humphry Rolleston, Chair

Jeremy Nurse, Managing Trustee

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